

[WEEKLY MENU]



Week 1

Week Commencing: Mon 8th Jan - Mon 29th Jan - Mon 26th Feb - Mon 18th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Jacket Potato with a Choice of Fillings	GF Fish Fingers & Chips (F)	Roast Turkey & Gravy	Chicken Curry	Bunless Homemade Beef Burger
Vegetarian Dish of the Day	Jacket Potato with a Choice of Fillings	GF/DF Margherita Pizza	Jacket Potato with a Choice of Fillings	Caribbean Vegetable Curry	Bunless Chickpea & Spinach Burger
Vegetable Choice	Salad Bar	Beans or Peas	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Rice & Sweetcorn	Homemade Potato Wedges, Beans or Vegan Coleslaw
Dessert of the Day	Fruit Jelly	GF Shortbread	Fruit Pot	Fruit Jelly	Ice Fruit Lolly
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

Michael Faraday Primary
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[WEEKLY MENU]



Week 2

Week Commencing: Mon 15th Jan - Mon 5th Feb - Mon 4th Mar - Mon 25th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Roasted Vegetable Cottage Pie	GF Chicken Arrabbiata	Roast Beef & Gravy	Chicken Curry & Rice	GF Fish Fingers & Chips (F)
Vegetarian Dish of the Day	GF Sausage with DF Mashed Potatoes (SU)	GF Roasted Vegetable Arrabbiata (CE)	Cauliflower Steak	Vegetable Curry & Rice	Jacket Potato with a Choice of Fillings
Vegetable Choice	Seasonal Greens	Chefs Salad	Rustic Roast Potatoes & Seasonal Vegetables	Seasonal Vegetables	Beans or Peas
Dessert of the Day	Fruit Jelly	GF Shortbread	Fruit Pot	Fruit Jelly	Ice Fruit Lolly
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit



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[WEEKLY MENU]



Week 3

Week Commencing: Mon 22nd Jan - Mon 19th Feb - Mon 11th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Jacket Potato with a Choice of Fillings	GF/DF Chicken Pizza	Stir Fried Chinese Chicken	GF Fish Fingers & Chips (F, G)	Beef Pasta Bake with DF Cheese
Vegetarian Dish of the Day	Jacket Potato with a Choice of Fillings	GF/DF Margherita Pizza	Stir Fried Vegetables (CE)	Jacket Potato with a Choice of Fillings	DF Cheesy Pasta (CE)
Vegetable Choice	Salad Bar	Seasoned Potato Wedges & Sweetcorn	Steamed Rice & Stir Fried Greens	Beans or Peas	Green Salad or Vegan Coleslaw
Dessert of the Day	Fruit Jelly	GF Shortbread	Fruit Pot	Fruit Jelly	Ice Fruit Lolly
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit

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