

Michael Faraday PE Curriculum Map

Physical Education	Key Skills	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Themes: (to be explored each half term)		<u>Personal</u>	<u>Social</u>	<u>Cognitive</u>	<u>Creative</u>	<u>Physical</u>	<u>Health and Fitness</u>
Year 1	<ul style="list-style-type: none"> I can combine movements together (wide, narrow, curled) I can develop moving with a ball using our feet. I can introduce teamwork and building trust. I can apply running into a game. I can create ways of transitioning between movements. I can create movement with expression. I can develop jumping. I can respond to a rhythm. 	<p style="text-align: center;"><u>Games</u> <i>Throwing towards a target</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit one</i></p> <p style="text-align: center;"><i>Personal</i></p>	<p style="text-align: center;"><u>Gymnastics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit two</i></p> <p style="text-align: center;"><i>Social</i></p>	<p style="text-align: center;"><u>Games</u> <i>Sending and receiving</i></p> <p style="text-align: center;"><u>Real PE or Multi Skill</u> <i>Unit three</i></p> <p style="text-align: center;"><i>Cognitive</i></p>	<p style="text-align: center;"><u>Dance or OAA</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit four</i></p> <p style="text-align: center;"><i>Creative</i></p>	<p style="text-align: center;"><u>Athletics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit Five</i></p> <p style="text-align: center;"><i>Physical</i></p>	<p style="text-align: center;"><u>Games</u> <i>Net games using a racket</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit six</i></p> <p style="text-align: center;"><i>Health & Fitness</i></p>
Year 2	<ul style="list-style-type: none"> I can create contrasting movement sequences. I can develop keeping possession (hands and feet) I can develop linking movements together. I can develop passing and receiving (hands and feet) I can understand the transition between attack and defence. I can consolidate jumping. I can consolidate catching and throwing. 	<p style="text-align: center;"><u>Gymnastics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skill</u> <i>Unit one</i></p> <p style="text-align: center;"><i>Personal</i></p>	<p style="text-align: center;"><u>Games</u> <i>Net games using hands</i></p> <p style="text-align: center;"><u>Real PE or Multi Skill</u> <i>Unit two</i></p> <p style="text-align: center;"><i>Social</i></p>	<p style="text-align: center;"><u>Dance or OAA</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit three</i></p> <p style="text-align: center;"><i>Cognitive</i></p>	<p style="text-align: center;"><u>Games</u> <i>Dribbling using feet</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit four</i></p> <p style="text-align: center;"><i>Creative</i></p>	<p style="text-align: center;"><u>Games</u> <i>Attack vs Defence</i></p> <p style="text-align: center;"><u>Real PE or Multi Skill</u> <i>Unit five</i></p> <p style="text-align: center;"><i>Physical</i></p>	<p style="text-align: center;"><u>Athletics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit six</i></p> <p style="text-align: center;"><i>Health & Fitness</i></p>
Year 3	<ul style="list-style-type: none"> I can introduce passing and receiving. I can explore effective teamwork. I can develop collaboration and communication. I can introduce shooting. I can extend sequences with a partner. I can understand the concept of batting and fielding. I can explore dance character. I can explore running for speed. 	<p style="text-align: center;"><u>Games</u> <i>Dribbling and passing with feet</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit one</i></p> <p style="text-align: center;"><i>Personal</i></p>	<p style="text-align: center;"><u>Gymnastics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit two</i></p> <p style="text-align: center;"><i>Social</i></p>	<p style="text-align: center;"><u>Games</u> <i>Sending skills using hands</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit three</i></p> <p style="text-align: center;"><i>Cognitive</i></p>	<p style="text-align: center;"><u>Dance or OAA</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit four</i></p> <p style="text-align: center;"><i>Creative</i></p>	<p style="text-align: center;"><u>Athletics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit five</i></p> <p style="text-align: center;"><i>Physical</i></p>	<p style="text-align: center;"><u>Games</u> <i>Passing and moving with hands</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit six</i></p> <p style="text-align: center;"><i>Health & Fitness</i></p>
Year 4	<ul style="list-style-type: none"> I can develop passing and receiving. I can introduce shooting. I can work collaboratively and communication. I can develop dribbling creating shooting opportunities. I can introducing bowling and striking the ball. I can introduce backhand and forehand. I can explore running for distance. 	<p style="text-align: center;"><u>Gymnastics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit one</i></p> <p style="text-align: center;"><i>Personal</i></p>	<p style="text-align: center;"><u>Games</u> <i>Benchball/Endball</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit two</i></p> <p style="text-align: center;"><i>Social</i></p>	<p style="text-align: center;"><u>Dance or OAA</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit three</i></p> <p style="text-align: center;"><i>Cognitive</i></p>	<p style="text-align: center;"><u>Games</u> <i>Football</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit four</i></p> <p style="text-align: center;"><i>Creative</i></p>	<p style="text-align: center;"><u>Games</u> <i>Batting and bowling</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit five</i></p> <p style="text-align: center;"><i>Physical</i></p>	<p style="text-align: center;"><u>Athletics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit six</i></p> <p style="text-align: center;"><i>Health & Fitness</i></p>
Year 5	<ul style="list-style-type: none"> I can refine passing and receiving. I can explore different passes. I can understand the cardio vascular system. I can refine racket skills I can introduce counter tension and counter balance. I can develop sequences with interlinking moves. I can create movements using improvisations. I can refine batting, bowling and fielding. 	<p style="text-align: center;"><u>Games</u> <i>Sending skills using hands or Flag-Football</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit one</i></p> <p style="text-align: center;"><i>Cognitive</i></p>	<p style="text-align: center;"><u>Gymnastics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit two</i></p> <p style="text-align: center;"><i>Creative</i></p>	<p style="text-align: center;"><u>Games</u> <i>Mini Volleyball & Tennis or Tag Rugby</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit three</i></p> <p style="text-align: center;"><i>Social</i></p>	<p style="text-align: center;"><u>Games</u> <i>Attack vs defence or pass and move</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit four</i></p> <p style="text-align: center;"><i>Physical</i></p>	<p style="text-align: center;"><u>Athletics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit five</i></p> <p style="text-align: center;"><i>Health & Fitness</i></p>	<p style="text-align: center;"><u>Dance or OAA</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit six</i></p> <p style="text-align: center;"><i>Personal</i></p>
Year 6	<ul style="list-style-type: none"> I can apply tactics in different scenarios. I can apply tactics to win a point. I can perform with technical control. I can understand the components of fitness. I can refine shooting. I can consolidate passing and receiving. I can create and apply attacking tactics. I can create and apply defending tactics. I can develop officiating. I can organise and manage team formations. I can consolidate batting, bowling and fielding. 	<p style="text-align: center;"><u>Games</u> <i>Basketball or Football</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit one</i></p> <p style="text-align: center;"><i>Cognitive</i></p>	<p style="text-align: center;"><u>Games</u> <i>Mini Volleyball & Tennis or Tag Rugby</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit two</i></p> <p style="text-align: center;"><i>Creative</i></p>	<p style="text-align: center;"><u>Gymnastics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit three</i></p> <p style="text-align: center;"><i>Social</i></p>	<p style="text-align: center;"><u>Dance or OAA</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit four</i></p> <p style="text-align: center;"><i>Physical</i></p>	<p style="text-align: center;"><u>Games</u> <i>Rounder's or Cricket</i></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit five</i></p> <p style="text-align: center;"><i>Health & Fitness</i></p>	<p style="text-align: center;"><u>Athletics</u></p> <p style="text-align: center;"><u>Real PE or Multi Skills</u> <i>Unit six</i></p> <p style="text-align: center;"><i>Personal</i></p>