

Family Advice and Guidance

Free confidential advice and support for you and your family over the phone. To book a slot, please call Nadene on 07776 990 819.

(Telephone Service Mon - Fri, 9.00am - 5.00pm)

Referrals

Family Support referrals must be completed by an Early Help professional, email earlyhelp@southwark.gov.uk

To discuss the referral process, please email Elena Salazar:
Elena.Salazar@1stplace.uk.com

Rose  VOUCHERS
for
fruit&veg



The Rose Vouchers for Fruit & Veg Project gives vouchers to buy fruit and veg locally to families on low incomes or with no recourse to public funds (NRPF), who have children under 5 years old. to find out more go to www.1stplace.uk.com/rosevouchers



Find 50 low or no cost family activities in the free 50 Things app.

Download from Google Play or Apple Store.



SCAN ME

Stay & Play at 1st Place



1st Place Autumn Timetable

September - December 2023

Packed full of activities for you and your little one!

1st Place Children & Parents' Centre

12 Chumleigh St
Burgess Park
SE5 0RN

Victory Children & Family Centre

Elba Place
SE17 1PT

E-mail: BBWCFC@1stplace.uk.com Phone: 020 7740 8070

www.1stplace.uk.com

 @1stPlaceCentre



Southwark Children and Family Centres
Borough Bankside and Walworth



MONDAY

SENsational (drop-in)

1st Place Children & Parents' Centre

2 pm - 3:30 pm

September: 4th 11th 18th 25th

October: 2nd 9th 16th 23rd 30th

November: 6th 13th 20th 27th

December: 4th 11th 18th

A session planned to support young children with additional and special educational needs. Through play we encourage the development of early attention and social communication skills. The session particularly supports children with Autism, Global Development delay, ADHD and other additional needs.

TUESDAY

Chatter Time (drop-in)

Victory Children & Family Centre

10 am - 11:30 am

September: 12th 19th 26th

October: 3rd 10th 17th 31st

November: 7th 14th 21st 28th

December: 5th 12th

Sessions do not run in half term.

A session where we share advice and support on the development of early speech and language skills. Sessions are ran by Early Years Practitioner and support by Link Speech and Language Therapists.

Baby Time (drop-in)

Victory Children & Family Centre

2 - 3:30 pm

September: 5th 12th 19th 26th

October: 3rd 10th 17th 24th 31st

November: 7th 14th 21st 28th

December: 5th 12th 19th

An informative session aimed for parents of babies who are not yet crawling. We offer tips and advice on babies learning and development, ending with songs and rhymes.

Rose Vouchers Collections

Tuesday 9:30 am - 12 pm & 1 pm - 3 pm

Victory Children & Family Centre



WEDNESDAY

Healthy Movers (drop-in)

Victory Children & Family Centre

10 am - 11:30 am

September: 6th 13th 20th 27th

October: 4th 11th 18th 25th

November: 1st 8th 15th 22nd 29th

December: 6th 13th 20th

Join us for a lively stay and play focusing on getting moving, including tips and ideas to try at home.

Early Words Together

Victory Children & Family Centre

2 pm - 3 pm

Group 1 September: 13th 20th 27th

October: 4th 11th

Group 2 November: 1st 8th 15th 22nd 29th

Join us for stories and rhymes with props. Plus advice for language development and early writing skills from our Early Year's Practitioners.

To book call Judy 07760624136 or Libby 07759523217.

Mums2B (drop-in)

Victory Children & Family Centre

3:30 pm - 4:30 pm

September: 6th 13th 20th 27th

October: 4th 11th 18th

November: 1st 8th 15th 22nd 29th

December: 6th 13th 20th

Meet our Early Years Practitioners and other Mums to be. Get to know our Children Centre and everything we have to offer and Find out how your baby will learn and develop in the first few weeks of life, share experiences and collect your little pamper pack.

Rose Vouchers Collections

Wednesday 9:30 am - 12 pm & 1 pm - 3 pm

1st Place Children & Parents' Centre



Families Matter drop-in service

Wednesdays 10 am - 12 pm

1st Place Children & Parents' Centre

Advisors from the Department for Work & Pensions will be available for support and advice on a range of topics including benefits, upskilling & training, CV writing, job interviews, childcare once you're in work and more.



THURSDAY

Baby Stay & Play (drop-in)

Victory Children & Family Centre

2pm - 3:30 pm

September: 7th 14th 21st 28th

October: 5th 12th 19th 26th

November: 2nd 9th 16th 23rd 30th

December: 7th 14th 21st

A session planned for babies who are crawling or have just started walking. Your baby can explore with other babies and practice their physical skills. We finish the session with songs and rhymes.

FRIDAY

50 Things Stay and Play

1st Place Children & Parents' Centre

1:30 pm - 3 pm

September: 8th 15th 22nd 29th

October: 6th 13th 20th 27th

November: 3rd 10th 17th 24th

December: 1st 8th 15th 22nd



Download from Google Play or Apple Store.

Join us for an exciting play session based on 50 Things To Do Before You're Five. Find out how to support learning with fun simple activities, ending the session with an interactive story and rhymes.

SATURDAY

Father's and Male Carers Stay & Play

1st Place Children & Parents' Centre

10:30 am - 12:30 pm

September: 2nd 16th 30th

October: 14th 28th

November: 11th 25th

December: 9th

Join us for a play session, where you and your little ones can meet other children and male carers. Grandads, uncles and brothers are also welcome!

We also hold Father's Group on Fridays, this 12 week course is created to help you improve your parenting skills, please see our courses timetable or email ben.campbellsouthwark.gov.uk to find out more.