

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Chicken & Tomato Pasta Bake (G/W) <b>S</b>	Beef Burger (SE*, SO, SU, G/W)	Lemon & Herb Roast Chicken with Mild Piri Piri Mayo (E)	Philly Cheese Steak Mac & Cheese (MK, G/W)	Fish Fingers or Salmon Fishcake & Chips (F, G/W)
<b>VEGGIE</b>	Grilled Courgette & Broccoli Quiche (E, MK, G/W) <b>S</b>	1/2 Tomato & Mozzarella Panini (MK, SO*, G/B*, O*, R*, W)	Sticky BBQ Quorn & Vegetable Baguettes (MU*, SE*, SO*, G/W)	Roasted Vegetable & Lentil Spaghetti Bolognese (G/B*, W) <b>V S</b>	Vegan Nuggets & Chips (G/W) <b>V</b>
<b>SIDES</b>	Chef's Salad <b>V S</b>	Homemade Potato Wedges & Sweetcorn <b>V S</b>	Coleslaw (E) <b>S</b>	Garlic Bread & Green Salad (MK*, SO*, G/W) <b>S</b>	Beans or Peas <b>V S</b>
<b>PASTA &amp; JACKET</b>	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Basil Pasta (G/W) <b>V S</b>	Jacket Potato with a Choice of Fillings (E, F, MK)	Vegan Roasted Vegetable Pasta (G/W) <b>V S</b>
<b>PUD</b>	Yoghurt with Fresh Fruit (MK)	Caramel Apple Crumble with Custard (MK, G/W)	Rice Pudding with Fruit Coulis (MK)	Cheese & Crackers (MK, G/B*, W)	Yoghurt Granola Pot with Fresh Fruit (MK, G/B*, O, W*)

**THEME DAYS**

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

**DATES**

13 APR / 04 MAY  
01 JUN / 22 JUN / 13 JUL

**ALLERGENS**

CE = CELERY      F = FISH      G/O = OATS      L = LUPIN      MU = MUSTARD      SO = SOYA      \* = MAY CONTAIN  
CR = CRUSTACEAN      G = GLUTEN      G/R = RYE      MK = MILK      N = NUTS      SU = SULPHUR      **V** = VEGAN  
E = EGGS      G/B = BARLEY      G/W = WHEAT      MO = MOLLUSCS      P = PEANUTS      SE = SESAME SEEDS      **S** = SEASONAL VEG



# WEEKLY MENU

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WEEK 3



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**THEME DAYS**

**MAIN**



Tuscan Sausage Pasta  
(MK, SU, G/W)

BBQ Chicken & Sweetcorn  
Pizza  
(MK, G/W)

Butcher's Sausage with  
Mashed Potato & Gravy  
(MK, SU, G/W)

Beef & Lentil Spaghetti  
Bolognese  
(G/B\*, W)

Battered Fish or Salmon  
Fishcake & Chips  
(F, G/B\*, W)

S

S

**VEGGIE**



Three Cheese Pasta Bake  
(MK, G/W)

BBQ Quorn & Sweetcorn  
Pizza  
(MK, MU\*, G/W)

Veggie Sausage with  
Mashed Potato & Gravy  
(E, MK)

Jerk Vegetable Burrito  
(G/W)

Vegan Nuggets & Chips  
(G/W)

V S

V

**SIDES**



Chef's Salad

Homemade Potato Wedges  
& Sweetcorn

Seasonal Greens

Chef's Salad

Beans or Peas

V S

V S

V S

V S

V S

**PASTA & JACKET**



Mac & Cheese  
(MK, G/W)

Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

Tomato & Basil Pasta  
(G/W)

Jacket Potato with a Choice  
of Fillings  
(E, F, MK)

Vegan Roasted Vegetable  
Pasta  
(G/W)

V S

V S

**PUD**



Cheese & Crackers  
(MK, G/B\*, W)

Yoghurt with Fresh Fruit  
(MK)

Oat & Berry Cake with Fruit  
Coulis  
(E, MK, SO\*, G/B\*, O, W)

Yoghurt with Fresh Fruit  
(MK)

Peaches & Custard  
(MK)

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



**DATES**

20 APR / 11 MAY  
08 JUN / 29 JUN / 20 JUL

**ALLERGENS**

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G/B = BARLEY

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G/R = RYE  
G/W = WHEAT

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Chicken & Tomato Pasta Bake (G/W) <b>S</b>	Beef & Lentil Lasagne (CE, E*, MK, G/B*, W)	Sticky BBQ Chicken Baguettes (SE*, SO*, G/W)	Chicken Tikka Masala (MK, G/B*, O*, R*, W*) <b>S</b>	Fish Fingers & Chips (F, G/W)
<b>VEGGIE</b>	Baked Cajun Chickpea & Pepper Fajitas (MU, G/B*, O*, R*, W) <b>V S</b>	Roasted Root Vegetable Lasagne (E*, MK, G/W) <b>S</b>	Tandoori Vegetable Bake (CE) <b>V S</b>	Butternut Squash & Spinach Tarkha Dahl (CE, G/B*, O*, R*, W*) <b>V S</b>	Vegan Nuggets & Chips (G/W) <b>V</b>
<b>SIDES</b>	Chef's Salad <b>V S</b>	Green Salad & Coleslaw (E) <b>S</b>	Coconut Rice with Broccoli & Peas <b>V S</b>	Steamed Rice & Broccoli <b>V</b>	Beans or Peas <b>V S</b>
<b>PASTA &amp; JACKET</b>	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Basil Pasta (G/W) <b>V S</b>	Jacket Potato with a Choice of Fillings (E, F, MK)	Vegan Roasted Vegetable Pasta (G/W) <b>V S</b>
<b>PUD</b>	Yoghurt with Fresh Fruit (MK)	Cheese & Crackers (MK, G/B*, W)	Yoghurt Granola Pot with Fresh Fruit (MK, G/B*, O, W*)	Yoghurt with Fresh Fruit (MK)	Lemon & Polenta Cake with Greek Yoghurt (E, MK, SO*, G/B*, W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

## THEME DAYS



## DATES

27 APR / 18 MAY  
15 JUN / 06 JUL /

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