

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Beef Cottage Pie
(CE)

S

Tomato & Olive Arrabiatta
(G/W)

V S

Roast Chicken with Gravy

BBQ Chicken & Sweetcorn
Pizza
(MK, G/W)

Beef Burger & Chips
(SE*, SO, SU, G/W)

VEGGIE



Veggie Cottage Pie

V S

Tuscan Vegetable Pasta
(MK, G/W)

S

Cheesy Veggie Hot Pot with
Gravy
(CE, MK, G/W)

S

Cheesy Tomato Pizza
(MK, G/W)

Veggie Burger & Chips
(SE*, G/W)

V

SIDES



Carrots & Green Beans

V S

Carrots & Broccoli

V S

Rustic Roast Potatoes &
Seasonal Vegetables

V S

Homemade Potato Wedges
& Baked Beans

V S

Baked Beans or Peas

V

PASTA & JACKET



Italian Tomato Twirl
Pasta
(CE, MK, G/W)

S

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Mac & Cheese
(MK, G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Tomato & Vegetable
Pasta
(CE, G/W)

V S

PUD



Fruit Yoghurt
(MK)

Fresh Fruit & Jelly

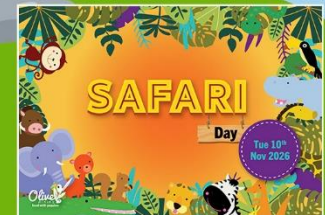
V

Fruit Yoghurt
(MK)

Cheese & Crackers or Fresh
Fruit
(MK, G/B*, W)

Lemon Drizzle Cake
(E, MK, SO*, SU, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
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MONDAY

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THEME DAYS

MAIN



Veggie Meatball Pasta with Tomato & Basil Sauce
(SO, G/B*, O*, R*, W)

V S

Mild Chicken Tikka Masala
(MK, G/B*, O*, R*, W*)

S

Butcher's Sausage & Gravy
(SU, G/W)

Homemade Beefy Lasagne
(E*, MK, G/B*, W)

Chicken Nuggets & Chips
(CE, G/W)

VEGGIE



Roasted Butternut Squash Topped Mac & Cheese
(MK, G/W)

S

Mild Vegetable Tikka Masala
(MK, G/B*, O*, R*, W*)

S

Veggie Sausage & Gravy
(G/W)

V

Homemade Roasted Squash & Root Vegetable Lasagne
(E*, MK, G/W)

S

Vegan Nuggets & Chips
(G/W)

V

SIDES



Peas & Sweetcorn

V S

Steamed Rice with Carrots & Green Beans

V S

Mashed Potato & Carrots
(MK)

S

Broccoli

V S

Baked Beans or Peas

V

PASTA & JACKET



Jacket Potato with a Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

S

Jacket Potato with a Choice of Fillings
(E, F, MK)

Tomato & Vegetable Pasta
(CE, G/W)

V S

Jacket Potato with a Choice of Fillings
(E, F, MK)

PUD



Fresh Fruit & Jelly

V

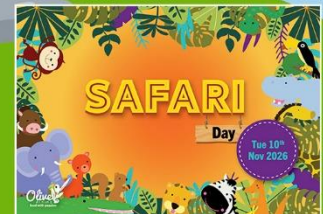
Fruit Yoghurt
(MK)

Oat & Berry Cake with Fruit Coulis
(E, MK, SO*, G/B*, O, W)

Cheese & Crackers or Fresh Fruit
(MK, G/B*, W)

Cool School Ice Cream
(MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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THEME DAYS

MAIN



Mac & Cheese
(MK, G/W)

Cowboy Beef Chilli
(CE)

Roast Chicken with Gravy

Beef Bolognese with Pasta
(G/B*, W)

Captain's Crispy Fish
Fingers & Chips
(F, G/W)

S

VEGGIE



Sticky Veggie Pasta
Surprise
(CE, G/W)

Tex Mex Mild Veggie Chilli
(CE)

Roast Jerk Quorn Fillet
(G/W)

Vegetable & Lentil
Bolognese with Pasta
(G/B*, W)

Cheesy Pizza & Chips
(MK, G/W)

V S

V S

V

V S

SIDES



Broccoli

Steamed Rice & Broccoli

Rustic Roast Potatoes &
Seasonal Vegetables

Peas & Sweetcorn

Baked Beans or Peas

V S

V S

V S

V S

V

PASTA & JACKET



Jacket Potato with a
Choice of Fillings
(E, F, MK)

Mac & Cheese
(MK, G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

S

PUD



Fruit Yoghurt
(MK)

Vanilla Shortbread
(G/W)

Fruit Yoghurt
(MK)

Fresh Fruit & Jelly

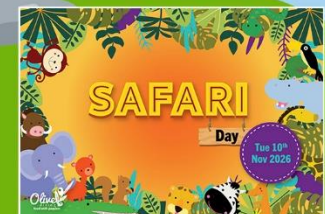
Sticky Toffee Apple
Crumble with Custard
(MK, G/W)

V

V

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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