

## WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	BEEF BOLOGNESE WITH GF PASTA	CHICKEN KEBAB	ROAST CHICKEN & GRAVY	CHICKEN CURRY & RICE	GF FISH & CHIPS (F)
<b>VEGGIE</b>	VEGETABLE BOLOGNESE WITH GF PASTA V	VEGETABLE KEBAB V	JACKET POTATO WITH DF CHEESE & BAKED BEANS V	VEGETABLE CURRY & RICE V	JACKET POTATO WITH DF CHEESE & BAKED BEANS V
<b>SIDES</b>	GREEN SALAD	RICE & CHEF'S SALAD	RUSTIC ROAST POTATOES & OF SEASONAL VEGETABLES S	SEASONAL VEGETABLES S	BEANS & PEAS
<b>PUD</b>	BERRIES	GF SHORTBREAD BISCUIT	BERRIES	FRUIT POT	ALLERGY FREE CHEF'S CAKE
	JACKET POTATO   DAILY SALAD BAR   FRESH FRUIT				

## THEME DAYS



## DATES





6TH JAN / 27TH JAN / 24TH  
FEB / 17TH MAR

## ALLERGENS

CE – CELERY  
CR – CRUSTACEAN  
E – EGGSF – FISH  
G – GLUTEN  
G/B – BARLEYO/D – OATS  
O/R – RYE  
G/W – WHEATL – LUPIN  
MK – MILK  
MO – MOLLUSCSMU – MUSTARD  
N – NUTS  
P – PEANUTSSO – SOYA  
SU – SULPHUR  
SE – SESAME SEEDS\* – MAY CONTAIN  
V – VEGAN  
S – SEASONAL VEG

## WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b> 	BUNLESS HOMEMADE BEEF BURGER	GF/DF MEAT FEAST PIZZA	CHICKEN CASSEROLE	GF FISH & CHIPS (F)	BEEF BOLOGNAISE WITH GF PASTA
<b>VEGGIE</b> 	BUNLESS CHICKPEA & SPINACH BURGER V	GF/DF MARGHERITA PIZZA V	ROASTED VEGETABLE CASSEROLE V	GF/DF MARGHERITA PIZZA V	TOMATO & OLIVE GF ARRABBIATA V
<b>SIDES</b> 	BAKED BEANS & HOMEMADE POTATO WEDGES	HOME MADE POTATO WEDGES & SWEETCORN	RUSTIC ROAST POTATOES & SEASONAL VEGETABLES S	BEANS OR PEAS	SEASONAL VEGETABLES
<b>PUD</b> 	FRUIT JELLY	COCONUT & STRAWBERRY JELLY	BERRIES	ALLERGY FREE CHEF'S CAKE	BERRIES
JACKET POTATO   DAILY SALAD BAR   FRESH FRUIT					

## THEME DAYS



## DATES

13TH JAN / 3RD FEB / 3RD  
MAR / 24TH MAR

## ALLERGENS

CE – CELERY  
CR – CRUSTACEAN  
E – EGGSF – FISH  
G – GLUTEN  
G/B – BARLEYO – OATS  
R – RYE  
W – WHEATL – LUPIN  
M – MILK  
MO – MOLLUSCSMU – MUSTARD  
N – NUTS  
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## WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## THEME DAYS

## MAIN



CHILLI CON CARNE

GF COTTAGE PIE

MEDITERRANEAN GF  
CHICKEN PASTAHOMEMADE BEEF  
MEATBALLS & RICEGF FISH & CHIPS  
(F)

## VEGGIE

VEGETABLE & BEAN  
CHILLI

V

ROASTED  
VEGETABLE  
COTTAGE PIE

V

TOMATO & BASIL GF  
PASTA

V

ROASTED VEGETABLES  
WITH TOMATO SAUCE  
& RICE

V

JACKET POTATO WITH  
GF CHEESE & BEANS

V

## SIDES

RICE & SEASONAL  
VEGETABLES

S

PEAS &amp; BROCCOLI

GREEN SALAD

SEASONAL  
VEGETABLES

S

CHIPS, BEANS &  
PEAS

## PUD

GF CARAMEL APPLE  
CRUMBLEGF SHORTBREAD  
BISCUIT

FRUIT POT

FRUIT POT

ICED FRUIT LOLLY

JACKET POTATO | DAILY SALAD BAR | FRESH FRUIT

## DATES

20TH JAN / 10TH FEB / 10TH  
MAR / 31ST MAR

## ALLERGENS

CE = CELERY  
CR = CRUSTACEAN  
E = EGGSF = FISH  
G = GLUTEN  
G/B = BARLEYG/O = OATS  
G/R = RYE  
G/W = WHEATL = LUPIN  
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